

At Page 3, before line 16, insert the following section heading:

**--DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS--**

**IN THE CLAIMS:**

3. (Amended) Method as defined in claim 1, characterised in that the selection and the heating of the food portions is performed when needed by remote activation of the apparatus over the telecommunication network.

6. (Amended) Apparatus as defined in claim 4, characterised in that the apparatus comprises a transfer mechanism (2), which has been arranged to transfer food portions from the cold storage space into the heating unit and, if necessary, further to a serving device (4).

7. (Amended) Apparatus as defined in claim 4, characterised in that the apparatus comprises a data processing section (9), which has been arranged to function as a supervising element storing and distributing information and activating the functions of the apparatus.

8. (Amended) Apparatus as defined in claim 4, characterised in that the apparatus is connected to a telecommunication network, such as a telephone network or internet (8), over which the ordering of food portions, remote operation of the apparatus, transmission of failure information etc. have been arranged to be effected.

9. (Amended) Apparatus as defined in claim 4, characterised in that the apparatus comprises a system for controlling the user's nutrition level and diet.

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Serial No.: 09/806,810  
Filed: April 2, 2001  
Our Docket: 513-3 PCT/US  
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Please add the following new claims:

--10. Apparatus as defined in claim 5, characterised in that the apparatus comprises a transfer mechanism (2), which has been arranged to transfer food portions from the cold storage space into the heating unit and, if necessary, further to a serving device (4).--

--11. Apparatus as defined in claim 5, characterised in that the apparatus comprises a data processing section (9), which has been arranged to function as a supervising element storing and distributing information and activating the functions of the apparatus.--

--12. Apparatus as defined in claim 6, characterised in that the apparatus comprises a data processing section (9), which has been arranged to function as a supervising element storing and distributing information and activating the functions of the apparatus.--

--13. Method as defined in claim 2, characterised in that the selection and the heating of the food portions is performed when needed by remote activation of the apparatus over the telecommunication network.--